

**SOUTHERN  
REGIONAL  
CHORAL  
WARM-UPS  
BOOK**

**Carolyn S. Placa, Director**

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 1

• VOWELS:



ah



eh



ee



oh



oo

• VOWELS - CONSONANTS:

nah mah yah    nah mah yah    nah mah yah    nah mah yah    nah mah yah    nah mah yah    nah mah yah

hah hah hah hah hah

**120**

Yaw yaw yaw yaw etc.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 1

- PART-SINGING - ROUNDS:

## America (My Country 'Tis of Thee)

Words by SAMUEL FRANCIS SMITH  
Music is Traditional

Moderately

Gtr. capo 1: D  
Keyboard: Eb

G D A7 D  
Ab Eb Bb7 Eb



D Bm Em A7 D Bm G  
Eb Cm Fm Bb7 Eb Cm Ab

My coun - try 'tis of thee, sweet land of  
Let mu - sic swell the breeze and ring from

D B<sup>b</sup>dim Bm Em D A D  
Eb Bdim Cm Fm Eb Bb Eb

lib - er - ty, of thee I sing. Land where my  
all the trees, sweet free - dom's song. Let mor - tal

A7 D A  
Bb7 Eb Bb

fa - thers died! Land of the Pil - grim's pride!  
tongues a - wake; let all that breathe par - take;

D G D A7 D  
Eb Ab Eb Bb7 Eb

From ev - 'ry moun - tain side, let free - dom ring!  
let rocks their si - lence break, the sound pro - long.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 2

• VOWELS:



ah



oh



oo

• VOWELS - CONSONANTS:

hah hah hah hah hah  
hoo hoo hoo hoo hoo  
hoh hoh hoh hoh hoh

moh

**122**

*Yaw yaw yaw yaw etc.*

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 2

- PART-SINGING - ROUNDS:

## Proverbs

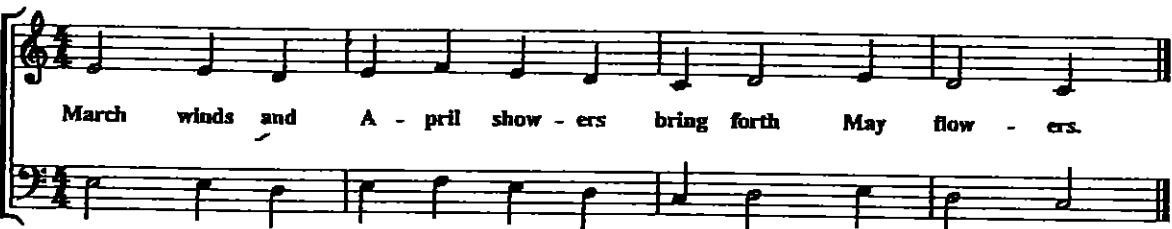
For Unison voices a cappella

①



Ring a - round the moon, rain is com - ing soon.

②



March winds and A - pril show - ers bring forth May flow - ers.

③



Red sky at night, sail - ors' de - light,



red sky at morn - ing, sail - ors take warn - ing.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 3

• VOWELS:



Lightly and quickly

ah oh ah oh  
oh oo oh oo  
oo ee oo ee  
ee eh ee eh

• VOWELS - CONSONANTS:

Lightly and quickly

ha ha ha ha ho ho ho ho ha ha ha ha ho  
hoo hoo hoo hoo hee hee hee hee hoo hoo hoo hoo hee  
hee hee hee hee heh heh heh heh hee hee hee hee heh

Na na na na na, na na na na na, na na na na na, etc.

b)

I IV V I  
poo poo poo poo poo poo poo poo poo.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 3

- PART-SINGING - ROUNDS:

## Sing Alleluia

For SA a cappella

Words and Music by  
JOHN LEAVITT

**Cheerfully**  
*f (loud)* *P (soft)*

Soprano  
Sing Al - le - lu - ia, sing Al - le - lu! Sing Al - le - lu - ia, sing Al - le -

Alto  
Sing Al - le - lu - ia, sing Al - le - lu! Sing Al - le - lu - ia, sing Al - le -

lu - ia. With joy - ful hearts we raise our grate - ful hymn in praise.

lu. Al - le - lu - ia. With joy - ful hearts we raise our hymn in praise.

*f (loud)* *P (soft)*

Sing Al - le - lu - ia, sing Al - le - lu. Sing Al - le - lu - ia, sing Al - le - lu.

*f (loud)* *P (soft)*

Sing Al - le - lu - ia, sing Al - le - lu. Sing Al - le - lu - ia, sing Al - le - lu.

# SOUTHERN REGIONAL CHORAL WARM-UPS

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WEEK: 4

## • VOWELS:

c) In this next exercise, pay attention to the pitch of the descending arpeggio:

Musical notation for a vowel exercise in 4/4 time. The melody consists of quarter notes with descending intervals. The lyrics are: me, mo, mum, me, mo. Above the first and third phrases, the letter 'I' is written. Above the second phrase, the letter 'V' is written. The notes are: G4 (me), F4 (mo), E4 (mum), D4 (me), C4 (mo).

Musical notation for a vowel exercise in 4/4 time. The melody continues with quarter notes. The lyrics are: mum, me, mo, mum, etc. The notes are: B3 (mum), A3 (me), G3 (mo), F3 (mum).

## • VOWELS - CONSONANTS:

Musical notation for a consonant exercise in 2/4 time. The melody consists of quarter notes. The lyrics are: The lips, the teeth, the tip of the tongue. The notes are: G4 (The), F4 (lips), E4 (the), D4 (teeth), C4 (the), B3 (tip), A3 (of), G3 (the), F3 (tongue).

Musical notation for a consonant exercise in 2/4 time. The melody consists of quarter notes. The lyrics are: Tip of the tongue, the teeth, the lips. ↑ ↓. The notes are: G4 (Tip), F4 (of), E4 (the), D4 (tongue), C4 (the), B3 (teeth), A3 (the), G3 (lips).

Three-part mixed choirs: omit bass part  
Two-part choirs: sing soprano and alto parts  
SSA choirs: alto sing tenor part

Musical notation for a consonant exercise in 2/4 time. The melody consists of quarter notes. The lyrics are: Dic-tion is done with the tip of the tongue and the teeth. ↑ ↓. The notes are: G4 (Dic), F4 (tion), E4 (is), D4 (done), C4 (with), B3 (the), A3 (tip), G3 (of), F3 (the), E3 (tongue), D3 (and), C3 (the), B2 (teeth).

Musical notation for a consonant exercise in 2/4 time. The melody consists of quarter notes. The lyrics are: Dic-tion is done with the tip of the tongue and the teeth. ↑ ↓. The notes are: G4 (Dic), F4 (tion), E4 (is), D4 (done), C4 (with), B3 (the), A3 (tip), G3 (of), F3 (the), E3 (tongue), D3 (and), C3 (the), B2 (teeth).

Three-part mixed choirs: omit bass note



# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 4

- PART-SINGING - ROUNDS:

## Alleluia

18th Century

1.  
Al - le - lu - ia, Al - le - lu - ia,

2.  
Al - le - lu - ia, Al - le - lu - ia.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 5

- BREATHING - VOCAL CHANT:

- Develop this into a rhythmic exercise:

ts ts ts ts ts \_\_\_\_\_ ts ts ts ts ts \_\_\_\_\_ ..

- VOWELS:

Clare's rare bear snares hares.  
We three fleas need trees.  
Ah! There's Pa's fast car.  
Tom stops Ron's long songs.  
Do you glue blue shoes?

Are there bees on you?

- VOWELS - CONSONANTS:

Quickly and detached

{ hah hah hah hah { hoh hoh hoh hoh { hah hah hah hah { hoh hoh hoh hoh  
hoo hee hee hoo hee hee hoo hee hee hoo hee hee  
hee hee hee hee

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 5

Elizabeth Gilpatrick

**210**



Sing al - le - lu, al - le - lu, al - le - lu - ia.



Sing al - le - lu, al - le lu, al - le - lu - ia.



Sing, sing, sing al - le - lu - ia, sing.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 6

- VOWELS:

A musical staff in treble clef with a 4/4 time signature. It contains five measures, each with a whole note on a different line of the staff (G4, A4, B4, C5, D5). Above the staff, four slanted lines indicate a rising pitch contour. Below the staff, the notes are labeled 'Ah', 'ah', 'ah', 'ah', and 'etc. ...'.

- VOWELS - CONSONANTS:

A musical staff in treble clef with a 4/4 time signature. It contains eight measures of eighth notes. The notes are G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4, B3, A3, G3. The lyrics 'Doo bee doo bee doo bee doo bee doo bee doo bee doo bee doo.' are written below the staff.

A musical staff in treble clef with a 4/4 time signature. It contains eight measures of eighth notes. The notes are G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4, B3, A3, G3. The lyrics 'Doo bee doo bee doo bee doo bee doo bee doo bee doo.' are written below the staff, with an upward-pointing arrow under the final 'doo'.

# SOUTHERN REGIONAL CHORAL WARM-UPS

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WEEK: 7

• BREATHING - VOCAL CHANT:

Moderato (♩ = 108)

F s f s f s f s fah sah

sh sh sh sh fah sah fah sah shee shah show.

• VOWELS:

Aw (or any vowel) aw aw aw aw

aw aw aw ↑ ↓

• VOWELS - CONSONANTS:

**121**

Yaw yaw yaw yaw etc. etc.

• PART-SINGING - ROUNDS:

♩ = 96

Trad. Southern USA  
arr. Peter Hunt

Leader Group Leader Group

Green trees, Rock-y road. Green trees, Rock-y road. Choose your part-ner  
don't let 'em go. Don't give 'em time to say yes or no. (Clap clap clap clap)

# SOUTHERN REGIONAL CHORAL WARM-UPS

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WEEK: 8

- VOWELS:

1. Yoo hoo hoo hoo hoo. Yoo hoo hoo hoo hoo hoo.  
2. Aw \_\_\_\_\_ aw \_\_\_\_\_

Yoo hoo hoo hoo hoo hoo hoo. Yoo hoo hoo hoo hoo hoo hoo hoo.  
aw \_\_\_\_\_ aw \_\_\_\_\_

- VOWELS - CONSONANTS:

**123**   
Yaw yaw yaw yaw etc. etc.

- PART-SINGING - ROUNDS:

*J = 96* Trad. Southern USA  
arr. Peter Hunt

Leader Group Leader Group  
Green trees, Rock - y road. Green trees, Rock - y road. Choose your part-ner  
don't let 'em go. Don't give 'em time to say yes or no. (Clap clap clap clap)

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 9

- BREATHING - VOCAL CHANT:

## The Months Of The Year

*f*  
Thir - ty days hath Sep - tem - ber A - pril, June and No - vem - ber,  
*p*  
all the rest have thir - ty - one ex - cept for Feb - ru - ar - y, Feb - ru -  
*f* *p*  
ar - y, it has twen - ty - eight, yes, twen - ty - eight,  
*f* *p*  
but in leap year there's twen - ty - nine, twen - ty - nine.  
*f*  
Thir - ty days hath Sep - tem - ber, that's the year!

- VOWELS:

**179**

**180**

# SOUTHERN REGIONAL CHORAL WARM-UPS

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WEEK: 9

• VOWELS - CONSONANTS:

$\text{♩} = 60$



One, two, three, four, five, six, etc.



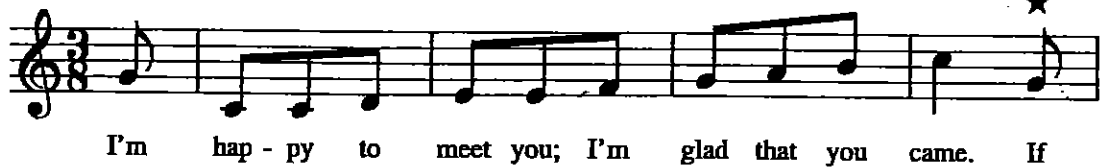
Noo noo noo noo noo noo noo noo noo.  $\star$   $\uparrow \downarrow$

Noo noo noo noo noo noo noo noo noo.

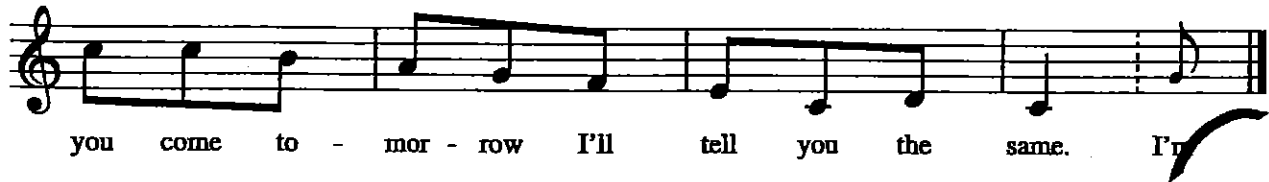
• PART-SINGING - ROUNDS:

Elizabeth Gilpatrick

**211**



I'm hap - py to meet you; I'm glad that you came. If  $\star$



you come to - mor - row I'll tell you the same. I'm  $\star$



# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 10

- VOWELS:

**181** 

**182** 

**183** 

- VOWELS - CONSONANTS:

  
Dic - tion is done with the tip of the tongue and the teeth. ↑ ↓

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 10

- PART-SINGING - ROUNDS:

## Come Follow\*

John Hilton (1599-1657)

1.

Come fol - low, fol - low, fol - low, fol - low, fol - low,

2.

fol - low me! Whith-er shall I fol - low, fol - low, fol - low,

3.

whith-er shall I fol - low, fol - low thee? To the green-wood,

to the green-wood, to the green-wood, green - wood tree.

There are many variations of this round in a number of primary and secondary sources.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK:     ||

- BREATHING - VOCAL CHANT:

### Relaxation of the jaw.

Speak fast, repeat often:

Ka - ga      ka - ga      ka - ga

Pa - pa - la      pa - pa - la      pa - pa - la

Ma - li - bu      ma - li - bu      ma - li - bu

- VOWELS:

**124**

Ah— ah— etc.

**128**

Ah— ah— etc.

Then descend.

- VOWELS - CONSONANTS:

Ches - ter    chee - tah    chewed    a    chunk    of    cheap    ched - dar    cheese.    ↑ ↓

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 11

Sing notes and steps as indicated.

①

Musical notation for exercise 1, consisting of a treble and bass staff. The treble staff contains a sequence of notes: C4, D4, E4, F4, G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6. The bass staff contains a sequence of notes: C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5. The notes are connected by stems and beams, with some notes having flags.

C D whole step, D E whole step, C D E D whole step whole step whole.

②

Musical notation for exercise 2, consisting of a treble and bass staff. The treble staff contains a sequence of notes: E4, F4, G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6. The bass staff contains a sequence of notes: E3, F3, G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5. The notes are connected by stems and beams, with some notes having flags.

E F half step, E F half step, F E half step half.

③

Musical notation for exercise 3, consisting of a treble and bass staff. The treble staff contains a sequence of notes: F4, G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6. The bass staff contains a sequence of notes: F3, G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5. The notes are connected by stems and beams, with some notes having flags.

F G whole step, G A whole step, F G A G whole step whole step whole.

④

Musical notation for exercise 4, consisting of a treble and bass staff. The treble staff contains a sequence of notes: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6. The bass staff contains a sequence of notes: G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5. The notes are connected by stems and beams, with some notes having flags.

G A whole step, A B whole step, G A B A whole step whole step whole.

⑤

Musical notation for exercise 5, consisting of a treble and bass staff. The treble staff contains a sequence of notes: B4, C5, D5, E5, F5, G5, A5, B5, C6. The bass staff contains a sequence of notes: B3, C4, D4, E4, F4, G4, A4, B4, C5. The notes are connected by stems and beams, with some notes having flags.

B C half step, B C half step C B half step half.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 12

• VOWELS:

**124**

Ah— ah— etc.

**128**

Ah— ah— etc.

• VOWELS - CONSONANTS:

I just want to sing to - day and sing cor - rect - ly all the way be -

cause to sing cor - rect - ly is the way to sing. ↑ ↓

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 12

- PART-SINGING - ROUNDS

## Kye kye kule

J = 104

Call Response Call Response Trad. African

Kye kye ku - le, Kye kye ku - le. Kye kye ko - fi nsa, Kye kye ko - fi nsa.  
(Chay chay koo - lay) (Chay chay ko - feen - sah)

Call Response Call

Ko - fi nsa lan - ga, Ko - fi nsa lan - ga. Ka - ka shi lan - ga,  
(Ko - feen sah - lahn - gah) (Kah - kah shee lahn - gah)

Response Call Response All

Ka - ka shi lan - ga. Kum a - den - de, Kum a - den - de, Kum a - den - de. Hey!  
(Koom ah - den - day)

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 13

• BREATHING - VOCAL CHANT:

(♩ = 104 - 116)

throw hoe cho - sen cho - sen, thank him throw hoe

munch bunch hunch ch ch cho - sen, th th thank him, munch bunch hunch

• VOWELS:

**130**

**131**

**132**

• VOWELS - CONSONANTS:

See the swim-mer swim-ming in the deep blue sea. ↑

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 3

• PART-SINGING - ROUNDS:

## 71. COFFEE CANON

Anonymous

①



C - o - f - f - e - e, Cof - fee is

②



not \_\_\_ for \_\_\_ me. It's a drink some peo - ple wake \_ up \_\_\_ with,

③



that it makes them ner - vous is \_\_\_ no \_\_\_ myth, Slaves to a



cof - fee cup, they can't give cof - fee up.



# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 14

• VOWELS:

**133**

**134**

This warm-up uses the pentatonic scale.

**135**

• VOWELS - CONSONANTS:

Swing (♩ =  $\overset{\frown}{\text{♩}}^3$ )

C Dm Em F Em Dm C

Doo dot doo—ba dot doo dot doo—ba dot doo dot doo—ba doo dot. ↑

• PART-SINGING - ROUNDS:

Canon à 3 C-a-f-f-e-e Hering  
1766-1853

1 C - a - f - f - e - e, trink nicht so viel Caf - fec,

2 nicht für Kin - der ist der Tür - ken - trank, schächt die Ner - ven, macht dich blas - und - krank,

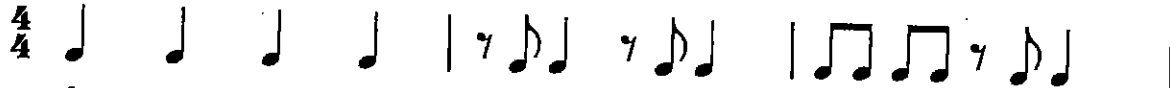
3 sei doch kein Mu - sel - mann, der ihn nicht las - sen kann

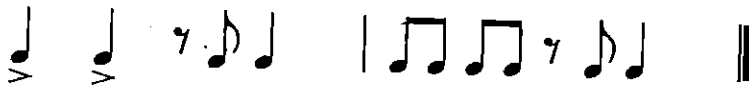
# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 15

• BREATHING - VOCAL CHANT:

$\frac{4}{4}$    
b p b p b p m b m b b p

  
ss ss b p m b m b b p

• VOWELS:

major scale

doh ray me fah soh lah te doh.  
loo loo loo loo loo loo loo loo. loo. \_\_\_\_\_



loo. \_\_\_\_\_

loo loo loo loo loo loo loo loo.  
doh te lah soh fah me ray doh.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 16

• VOWELS:

**136**



**137**



**138**



**139**



• VOWELS - CONSONANTS:



The cat wore a hat and the bee had a flea and they



jumped on a board, oh my Lord. The cat etc.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 16

• PART-SINGING – ROUNDS:

We've borrowed this round from *Classic Canons*, an excellent collection of masterwork canons edited and arranged by Patrick M. Liebergen (Alfred Publishing Co., #4253). It consists mainly of the first, third, and fifth scale degrees. Emphasize proper tuning of these pitches.

Antonio Caldara  
English words by Patrick M. Liebergen

**207** 

Sing to- geth - er, fa, la, la, shar- ing laugh - ter, love and song.



Fa, la, la, fa, la, la, la, fa, la, la, laugh- ter, love and song.



Fa, la, la, fa, la, la, laugh - ter, love and song.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 17

• BREATHING - VOCAL CHANT:

Slowly (♩ = 72)

$\frac{4}{4}$  ♩ ♩ ♩ ♩ | ♩ ♩ ♩ ♩ |  
k t f t m t v t

♩♩ ♩♩ | ♩♩ ♩♩ |  
k t t f t t m t t v t t

$\overset{\frown}{3}$  ♩♩♩  $\overset{\frown}{3}$  ♩♩♩ |  $\overset{\frown}{3}$  ♩♩♩  $\overset{\frown}{3}$  ♩♩♩ |  
k t t j f t t j m t t j v t t j

• VOWELS:

**140**

**141**

These two warm-ups are typical bass lines, but sing them with the whole choir.

**142**

**143**

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 17

- VOWELS - CONSONANTS:

Syl-la-bles, syl-la-bles, syl-la-bles, syl-la-bles, syl-la-bles, syl-la-bles,

syl-la-bles, syl-la-bles, syl-la-bles, syl-la-bles, syl-la-bles. ↑ ↓

- PART-SINGING - ROUNDS:

We've borrowed this round from *Classic Canons*, an excellent collection of masterwork canons edited and arranged by Patrick M. Liebergen (Alfred Publishing Co., #4253). It consists mainly of the first, third, and fifth scale degrees. Emphasize proper tuning of these pitches.

Antonio Caldara

English words by Patrick M. Liebergen

**207**

Sing to-geth-er, fa, la, la, shar-ing laugh-ter, love and song.

Fa, la, la, fa, la, la, la, fa, la, la, laugh-ter, love and song.

Fa, la, la, fa, la, la, laugh-ter, love and song.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 18

• VOWELS:

**144**



**145**



**146**



**147**



**148**



**149**



# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 18

- PART-SINGING - ROUNDS:

## Joyfully Sing

For 3-Part a cappella

Words and Music by  
EMILY CROCKER

*Joyfully*

Unison *f*

Sing - to - geth - er, joy - ful - ly, joy - ful - ly, sing - to - geth - er,  
joy - ful - ly, sing. Our hearts and voic - es - glad - ly bring,  
an - thems to make - the - heav - ens sing. With one ac - cord our  
voic - es ring - a song of - joy, - now let us sing.

*Sing as a 3-Part Canon*

Part I  
Part II  
Part III

Sing - to - geth - er, joy - ful - ly, joy - ful - ly, sing - to - geth - er,  
Our hearts and voic - es - glad - ly bring, an - thems to make - the -  
With one ac - cord our voic - es ring - a song of - joy, - now  
*(to II) rit.*  
joy - ful - ly sing. Let our voic - es ring!  
*(to III) rit.*  
heav - ens sing. Let our voic - es ring!  
*(to I) rit.*  
let us sing. Let our voic - es ring!



# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 19

• BREATHING - VOCAL CHANT:

Quickly (♩ = 96)

10  
8

Bee - dle - ee    bee - dle - ee    bah - dah,    bah - dah;

Doo - dle - ee    doo - dle - ee    dah - dah,    dah - dah;

Tee-ter - ee    tee-ter - ee    tah-dah, tah-dah;    Pah dah dah dah.

• VOWELS:

150

151

152

153

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 19

154



A typical bass line:

155



## • PART-SINGING - ROUNDS:



### Joyfully Sing

For 3-Part a cappella

Words and Music by  
EMILY CROCKER

*Joyfully*

Unison *f*

Sing - to - geth - er, joy - ful - ly, joy - ful - ly, sing - to - geth - er,  
joy - ful - ly sing. Our hearts and voic - es glad - ly bring,  
an - thems to make the heav - ens sing. With one ac - cord our  
voic - es ring a song of joy, now let us sing.

*Sing as a 3-Part Canon*

Part I

Sing - to - geth - er, joy - ful - ly, joy - ful - ly, sing - to - geth - er,

Part II

Our hearts and voic - es glad - ly bring, an - thems to make the

Part III

With one ac - cord our voic - es ring a song of joy, now

(to II) *rit.*

joy - ful - ly sing. Let our voic - es ring!

(to III) *rit.*

heav - ens sing. Let our voic - es ring!

(to I) *rit.*

let us sing. Let our voic - es ring!

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 20

Sing the following interval drills.

13

C D, that's a sec-ond, C E, that's a third, C F, that's a fourth, C G, that's a fifth,

This musical drill is in 4/4 time. The treble clef part consists of quarter notes: C4, D4, E4, F4, G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6. The bass clef part consists of quarter notes: C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5.

G C, that's a fifth, F C, that's a fourth, E C, that's a third, D C, that's a sec-ond.

This musical drill is in 4/4 time. The treble clef part consists of quarter notes: G4, C5, B4, A4, G4, F4, E4, D4, C4, B3, A3, G3, F3, E3, D3, C3. The bass clef part consists of quarter notes: C3, G2, F2, E2, D2, C2, B1, A1, G1, F1, E1, D1, C1, B0, A0, G0.

14

G A, that's a sec-ond, G B, that's a third, G C, that's a fourth, G D, that's a fifth,

This musical drill is in 4/4 time with a key signature of one sharp (F#). The treble clef part consists of quarter notes: G4, A4, B4, C5, D5, E5, F#5, G5, A5, B5, C6, D6, E6, F#6, G6. The bass clef part consists of quarter notes: G3, A3, B3, C4, D4, E4, F#4, G4, A4, B4, C5, D5, E5, F#5, G5.

D G, that's a fifth, C G, that's a fourth, B G, that's a third, A G, that's a sec-ond.


This musical drill is in 4/4 time with a key signature of one sharp (F#). The treble clef part consists of quarter notes: D4, G4, F#4, E4, D4, C4, B3, A3, G3, F#3, E3, D3, C3, B2, A2, G2. The bass clef part consists of quarter notes: D3, G2, F#2, E2, D2, C2, B1, A1, G1, F#1, E1, D1, C1, B0, A0, G0.

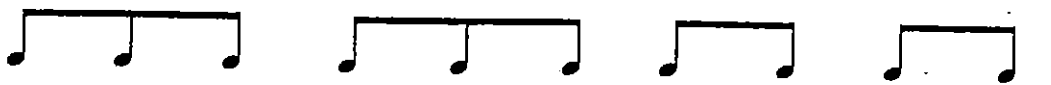
# SOUTHERN REGIONAL CHORAL WARM-UPS


Carolyn S. Placa, Director

WEEK: 21

• BREATHING - VOCAL CHANT:

$\frac{10}{8}$    
Gee - dle - ee    gee - dle - ee    gah - dah,    gah - dah;

  
Koo - ter - ee    koo - ter - ee    kah - dah,    kah - dah;

  
Mee-ter - ee    mee-ter - ee    mah-dah, mah-dah;    Pah dah dah dah.

• VOWELS:

**156** 

**157** 


First sing:

Then sing:

**158** 

First sing:

Then sing:

**159** 

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 21

160



161



## Adio mama

Trad. Spanish

A-di - o ma - ma, a-di - o pa - pa. Que ya me voy a la com-par-sa. A-di -

### Counter-melody

(may be sung an octave lower)

A-di - o ma - ma, a-di - o pa - pa. Que ya me voy a la com-par-sa. A-di -

### Backing riffs

1   
A la com-par-sa, a la com-par-sa, a la com-par-sa, a la com-par-sa,

2   
A la com-par-sa, a la com-par-sa, a la com-par-sa, a la com-par-sa,

3   
A la com-par-sa, a la com-par-sa, a la com-par-sa, a la com-par-sa,

### Melody riffs

(repeat only)

(- sa,) la com-par - sa, la com-par - sa, la com-par - sa, la com-par -

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 22

166



167



168



169



## Adio mama

G C D7 G Trad. Spanish

A-di - o ma - ma, a-di - o pa - pa. Que ya me voy a la com - par - sa. A-di -

### Counter-melody

(may be sung an octave lower)

A-di - o ma - ma, a-di - o pa - pa. Que ya me voy a la com - par - sa. A-di -

### Backing riffs

1 A la com - par - sa, a la com - par - sa, a la com - par - sa, a la com - par - sa,

2 A la com - par - sa, a la com - par - sa, a la com - par - sa, a la com - par - sa,

3 A la com - par - sa, a la com - par - sa, a la com - par - sa, a la com - par - sa,

### Melody riffs

(repeat only)

(- sa,) la com - par - sa, la com - par - sa, la com - par - sa, la com - par -

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 22

## Tongue Twister

*f*  
Three grey geese in a green field graz - ing,

grey were the geese and green was the graz - ing.

*p* *cresc.*  
Grey geese, green field, graz - ing, graz - ing, grey geese, green field, graz - ing, graz - ing.

*f*  
Three geese, three grey geese were graz - ing there!


• VOWELS:

**162** 

**163** 

**164** 

This is a good flexibility warm-up:

**165** 

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 23

• BREATHING - VOCAL CHANT:

Clive Kempton

1 Boom ch boom boom ch boom ch boom boom ch

2 ti ti ti ti ti ti ti ti ti ti ti ti ti ti ti ti

3 tsss tsss

4 Dv dv dv Dv dv dv

Detailed description: This block contains a four-part vocal warm-up in 4/4 time. Part 1 (Soprano) has a melody of quarter notes: G4, A4, B4, C5, B4, A4, G4. Part 2 (Alto) has a melody of quarter notes: G4, A4, B4, C5, B4, A4, G4. Part 3 (Tenor) has a melody of quarter notes: G4, A4, B4, C5, B4, A4, G4. Part 4 (Bass) has a melody of quarter notes: G4, A4, B4, C5, B4, A4, G4. The lyrics are: Part 1: Boom ch boom boom ch boom ch boom boom ch; Part 2: ti ti ti ti ti ti ti ti ti ti ti ti ti ti ti ti; Part 3: tsss tsss; Part 4: Dv dv dv Dv dv dv.

• VOWELS:

**170**

Detailed description: Musical notation for exercise 170 in 4/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4. A slur is placed over the last three notes (B4, A4, G4).

**171**

First sing:

Then sing:

Detailed description: Musical notation for exercise 171 - First sing in 4/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4.

Detailed description: Musical notation for exercise 171 - Then sing in 4/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4. A slur is placed over the last three notes (B4, A4, G4).

**172**

Detailed description: Musical notation for exercise 172 in 4/4 time. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4. A slur is placed over the last three notes (B4, A4, G4).



# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 23

- VOWELS - CONSONANTS:

Musical notation for a Vowels - Consonants exercise. The notation is on a single staff in 4/4 time, starting with a treble clef and a key signature of one flat (Bb). The melody consists of quarter notes and eighth notes. Above the staff, the following chords are indicated: F, Bb, F/C, C, F. Below the staff, the lyrics are: "Doo doo doo doo doo doo doo doo doo doo doo be doo." The final note is followed by an upward arrow and a downward arrow.

- PART-SINGING - ROUNDS:

**Canon à 4** **Vulpus (Fuchs)**  
c1570-1615

Musical notation for a four-part canon titled "Canon à 4" by Vulpus (Fuchs), c1570-1615. The score is in 4/4 time with a key signature of one flat (Bb). It features four staves, each with a vocal line and lyrics. The lyrics are: "s s s l s r m f r", "d t, d f, s, l, t, d t, l, f, s,", "d d r m f m r d d t,", "d m r d d r m f s l s".

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK 24

Traditional Lyrics

Music by  
JOHN LEAVITT

Quick inflected speech, lightly

## Animal Song

For 4-Part Speech Chorus

1 Al - li - ga - tor, hedge - hog, ant - eat - er, bear, rat - tle - snake,  
2 Bull - frog, wood - chuck, wol - ver - ine, goose? Goose! Whip - poor - will,  
3 Mud tur - tle, whale! Glow - worm, bat! Sal - a - man - der,  
4 Ea - gle, king - er - on, sheep, duck and wid - geon, cou - gar,

buf - fa - lo, an - a - con - da, hare.  
chip - munk, jack - al, moose? Moose!  
snail, mal - tese cat!  
ar - ma - dil - lo, bea - ver, seal and pi - geon.

- VOWELS:

173

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 24

**174**

First sing:



Then sing:



**175**



- VOWELS - CONSONANTS:



Me - oh, me - oh, me - oh, me - oh, me - oh, me - oh me. ↑ ↓

- PART-SINGING - ROUNDS:

Canon à 4

Vulpus (Fuchs)  
c1570-1615

1 s s s l s r m f r

2 m d t d f s l t d t l f s

3 d d r m f m r d d t

4 d m r d d r m f s l s

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 25

## 14 Train rhythms

### Section 1

Steve Block and Clive Kempton

Start slow – gradually increase tempo

(Repeat until a good speed is reached)

1 *Ssshooooo* *Ssshooooo*

2 *Tch!* *Tch!* *Tch!* *Tch!*

3 *Tff* *Tff* *Tff* *Tff* *Tff* *Tff* *Tff* *Tff*

4 *Sssss* *Hhaaa* *Sssss* *Hhaaa*

### Section 2

Faster tempo

(Repeat as many times as needed)

1 *Ti ti-ka, Ti ti-ka, Ti ti-ka, Ti ti-ka, Ti ti-ka, Ti ti-ka, Ti ti-ka, Ti ti-ka,*

2 *Tfff* *chi-ka-ta,* *Tfff* *chi-ka-ta,*

3 *Tuh-tuh,* *Tuh-tuh,* *Tuh-tuh,* *Tuh-tuh,*

4 *chi - pa,* *chi - chi - pa,* *chi - chi - pa,* *chi - chi - pa,* *chi -*

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 26

## Hey Diddle Diddle!

For 2-Part Speech Chorus

English Nursery Rhyme

Made by  
EMILY CROCKER

Quickly, with humor

Part I  
Hey did-dle did-dle the cat and the fid-dle the cow jumped o-ver the moon. The

Part II  
Hey did-dle did-dle the cat and the fid-dle the cow jumped o-ver the moon. The

(Finger snap)  
lit-tle dog laughed to see such sport and the dish ran a-way with the spoon.

(Finger snap)  
lit-tle dog laughed to see such sport and the dish ran a-way with the spoon.

Hey did-dle did-dle the cow jumped o-ver! Hey did-dle did-dle, the cow jumped

Hey did-dle did-dle, Hey did-dle did-dle,

o-ver! The cat, the cow jumped o-ver the moon. The

Hey did-dle did-dle and the fid-dle the the cow jumped o-ver, the

lit-tle dog laughed to see such sport, and the dish ran a-way,

lit-tle dog laughed, laughed, and the dish ran a-way, the

*dim. al fine* the dish ran a-way, ran a-way with the spoon. (Whisper) The spoon!

*dim. al fine* dish ran a-way with the spoon. (Whisper) The spoon!

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 27

## Vocal graphics

Steve Block

	1	2	3
1	Hal <i>f</i>	(silence)	(silence)
2	Hal <i>f</i>	(silence)	(silence)
3	Hal <i>f</i>	(silence)	(silence)
4	Tchi- -aw <i>f</i> <i>p</i>	Tchi- -aw <i>f</i> <i>p</i>	Tchi- -aw <i>f</i> <i>p</i>
		Pah! <i>f</i> <i>p</i>	Pah! <i>f</i> <i>p</i>
		Ommm <i>p</i>	Ommm <i>p</i>
			(breathe when you need to)

	4	5	6
1	Tchi- -aw <i>f</i> <i>p</i>	Tchi- -aw <i>f</i> <i>p</i>	(silence)
2	Ommm <i>p</i>	Ommm <i>p</i>	(breathe when you need to)
3	(-mmm)	(-mmm)	(breathe when you need to)
4	(-mmm)	(-mmm)	(breathe when you need to)

	7	8
1	Ommm <i>p</i>	Tchi- -aw <i>f</i> <i>p</i>
2	(silence)	Tchi- -aw <i>f</i> <i>p</i>
3	(silence)	Tchi- -aw <i>f</i> <i>p</i>
4	(silence)	Tchi- -aw <i>f</i> <i>p</i>

•••• = Random consonants, quietly  
(‘h’, ‘s’, ‘ch’, ‘t’, ‘p’, etc.)

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 27

- VOWELS:

## Harmonic Minor Scale



## harmonic minor scale

loo loo loo loo loo loo loo loo. loo. \_\_\_\_\_

Musical notation for the vocal line of the harmonic minor scale. The scale is written in treble clef with a key signature of two flats (B-flat and E-flat) and a 4/4 time signature. The notes are: C4, D4, E4, F4, G4, A4, B-flat4, A4, G4, F4, E4, D4, C4. The notes are grouped into four measures of four notes each, with a fermata over the final note of each group.

loo. \_\_\_\_\_ loo loo loo loo loo loo loo loo.

- VOWELS - CONSONANTS:

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 27

- PART-SINGING - ROUNDS:

## AH, POOR BIRD

English

① Ah, poor bird, take thy flight,

②

③ Far a - bove the shad - ows of this sad night.

④

Detailed description: The musical score is written on two staves in treble clef with a key signature of one flat (Bb) and a 2/4 time signature. The first staff contains the first two phrases, with circled numbers 1 and 2 above the measures. The second staff contains the last two phrases, with circled numbers 3 and 4 above the measures. The lyrics are: "Ah, poor bird, take thy flight, Far a - bove the shad - ows of this sad night."



# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 28

## Long and short—loud and quiet

Steve Block and Clive Kempton

	1	2	3	4
1	(silence)	(silence)	<i>p</i> Oo ----	(silence)
2	(silence)	(silence)	<i>p</i> Oo ----	(silence)
3	(silence)	ee ---- <i>p</i>		(silence)
4	ah ---- <i>p</i>			(silence)

	5	6	7	8
1	ah ---- <i>p</i>	sh ---- <i>f</i> dp <i>f</i> dp	sub. <i>p</i> maw ----	1 2 3 ha!
2	dp 1 dp 2 dp 3	sh ---- <i>f</i> dp <i>f</i> dp	sub. <i>p</i> maw ----	1 2 3 ha!
3	dp dp	sh ---- <i>f</i> dp <i>f</i> dp	sub. <i>p</i> maw ----	1 2 3 ha!
4	dp 3 dp 4 dp 5	sh ---- <i>f</i> dp <i>f</i> dp	sub. <i>p</i> maw ----	1 2 3 ha!

• VOWELS:

### Harmonic Minor Scale

**127**

### harmonic minor scale

loo loo loo loo loo loo loo loo. loo. \_\_\_\_\_

loo. \_\_\_\_\_ loo loo loo loo loo loo loo loo.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 28

- VOWELS - CONSONANTS:

- PART-SINGING - ROUNDS:

## AH, POOR BIRD

English

① Ah, poor bird, ② take thy flight,

③ Far a - bove the ④ shad - ows of this sad night.

SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 29

# 17 Echo

**Rapid**

Bent Lorentzen

1  $\frac{2}{4}$  pst pst ph! pst pst ph! | | ph p p p p p p p p

2  $\frac{2}{4}$  | | pst pst ph! pst pst ph! | | ph p p p p p p p

1 t k t k t t t k t k t t | | pst pst ph! pst pst ph! | |

2 p | | t k t k t t t k t k t t | | pst pst ph! pst pst ph!

1 *fp* | | *ff* | |

ps | | t k t

2 | | *fp* | | *ff* | |

ps | | t k t

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 29

- VOWELS:

**Melodic Minor Scale**

**126** 

melodic minor scale

loo loo loo loo loo loo loo loo. loo. \_\_\_\_\_



loo. \_\_\_\_\_

loo loo loo loo loo loo loo loo.

- VOWELS - CONSONANTS:

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 29

- PART-SINGING - ROUNDS:

## 22 Three native American chants

$\text{♩} = 56$  Trad. native American

1



All the earth is sa - cred With ev' - ry step you take.



All the air is sa - cred With ev' - ry breath you take.



You know it, The peo - ple they are one.

2



Light stream - ing, light stream - ing, Mak - ing my Fire - child grow.




Fire - child dance, Fire - child sing, Fire - child you be mine.




Fire - child dance, Fire - child sing, Fire - child you be mine.


3



Wear - ing my long - winged feath - ers as I fly, Wear - ing my long - winged feath - ers



as I fly, I cir - cle the earth, I cir - cle the earth, The bound - ries of the



world. I cir - cle the earth, I cir - cle the earth, The bound - ries of the world.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 30

## 18 Doubletalk

♩ = 108

Nancy Telfer

*mf* (spoken)

kil - la - jah watch - a

*mf* (spoken)

Watch - a, watch - a, watch - a, watch - a, so watch - a

3  
hey, hey

beem-a kil-la-jah so watch-a

watch-a, watch-a, ho yah! ho yah!

watch-a, watch-a, watch-a, watch-a,

6 *p*  
rip sip tip - ple lip

ho yah ho yah

watch - a, watch - a, watch - a, watch - a hey! hey!

*mf*  
rip sip

9  
so watch-a

*mf* see lah rip sip tip-ple lip

tip-ple lip beem-a kil-la-jah so watch-a

*mp* ho \_\_\_\_\_ yah

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 30

13 *p* *mf*

sh sh mm k t

*mf* *p* (whispered) *p*

beem-a watch-a sh t t watch-a k k k t

Detailed description: This system contains measures 13 through 17. The first staff (Soprano) begins with a rest, followed by a half note 'sh', another half note 'sh', a half note 'mm' with a fermata, and a half note 'k t'. The second staff (Alto) starts with a half note 'beem-a', a half note 'watch-a', a half note 'sh', a half note 't t', a half note 'watch-a k', and a half note 'k k t'. Dynamics include piano (*p*) and mezzo-forte (*mf*). A '(whispered)' instruction is placed above the second staff.

18 *p* *mf*

s t s t tip-ple-dy, dip-ple-dy dip watch-a kil-la-jah

(spoken) *f* *mf*

see lah rip sip sh! watch-a watch-a

Detailed description: This system contains measures 18 through 21. The first staff (Soprano) has a half note 's t', a half note 's t', a half note 'tip-ple-dy, dip-ple-dy' with a triplet '3' over it, a half note 'dip', and a half note 'watch-a kil-la-jah'. The second staff (Alto) has a half note 'see lah', a half note 'rip sip', a half note 'sh!', and a half note 'watch-a watch-a'. Dynamics include piano (*p*) and mezzo-forte (*mf*). A '(spoken)' instruction is placed above the second staff, and a forte (*f*) dynamic is placed above the second staff.

22 *f*

rip sip tip-ple lip beem-a kil-la-jah so watch-a

beem-a kil-la-jah so watch-a hey! hey! hey! hey!

Detailed description: This system contains measures 22 through 24. The first staff (Soprano) has a half note 'rip sip', a half note 'tip-ple lip', and a half note 'beem-a kil-la-jah so watch-a' with a forte (*f*) dynamic and a slur. The second staff (Alto) has a half note 'beem-a kil-la-jah so watch-a' and a half note 'hey! hey! hey! hey!' with accents over each note.

25 *ff*

so watch-a hey! hey! ho yah ho yah ho yah!

beem-a kil-la-jah hey! watch-a! ho yah ho yah ho yah!

Detailed description: This system contains measures 25 through 28. The first staff (Soprano) has a half note 'so watch-a', a half note 'hey! hey!', and a half note 'ho yah ho yah ho yah!' with a fortissimo (*ff*) dynamic and a slur. The second staff (Alto) has a half note 'beem-a kil-la-jah', a half note 'hey! watch-a!', and a half note 'ho yah ho yah ho yah!' with a fortissimo (*ff*) dynamic and a slur.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 30

- VOWELS:

**Melodic Minor Scale**

**126**

melodic minor scale

loo loo loo loo loo loo loo loo. loo. \_\_\_\_\_

loo. \_\_\_\_\_ loo loo loo loo loo loo loo loo.

- VOWELS - CONSONANTS:



# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 30

## 22 Three native American chants

$\text{♩} = 56$

Trad. native American

1

All the earth is sa - cred With ev' - ry step you take.

All the air is sa - cred With ev' - ry breath you take.

You know it, The peo - ple they are one.

2

Light stream - ing, light stream - ing, Mak - ing my Fire - child grow.

Fire - child dance, Fire - child sing, Fire - child you be mine.

Fire - child dance, Fire - child sing, Fire - child you be mine.

3

Wear - ing my long - winged feath - ers as I fly, Wear - ing my long - winged feath - ers as I fly, I cir - cle the earth, I cir - cle the earth, The bound - ries of the world. I cir - cle the earth, I cir - cle the earth, The bound - ries of the world.

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 31

## She Sells Sea Shells

*mf* All first time

She sells sea shells on the sea shore. The shells she sells are

2nd time only *mp*

She sells sea shells on the sea shore. The shells she sells are

sea shells I'm sure. For if she sells sea shells on the sea shore,

sea shells I'm sure. For if she sells sea shells on the

Then I'm sure she sells sea shore shells.

sea shore. Then I'm sure she sells sea shore shells.

### • VOWELS:

Natural Minor Scale

125

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 31

- VOWELS - CONSONANTS:

- PART-SINGING - ROUNDS:

## 15. HEY HO, ANYBODY HOME?

Old English

Hey ho, an - y - bod - y home? Meat nor drink nor  
mon-ey have I none, Yet I will be mer - ry an - y - how.

The musical notation is in G major (one sharp) and 2/4 time. It consists of two staves. The first staff has two circled numbers: 1 above the first measure and 2 above the second measure. The second staff has a circled number 3 above the first measure.

## 81. LO YISA GOI

Hebrew

Lo yi-sa goi el goi che - rev, lo yil-m' - du od mil - cha -  
ma, Lo yi - sa goi el goi che - rev, lo yil - m' -  
du od mil - cha - ma. Lo yi - sa goi el goi che - rev,  
lo yil - m' - du od mil - cha - ma, Lo yi - sa goi el  
goi che - rev, lo yil - m' - du od mil - cha - ma.

The musical notation is in G major (one sharp) and 2/4 time. It consists of five staves. The first staff has a circled number 1 above the first measure. The third staff has a circled number 2 above the first measure.

Translation: Nation will not lift up sword against nation, nor will they learn war any more.  
(Isaiah 2:4)

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 32

## Intery Mintery

Traditional Counting-out Rhyme

For 2-Part Speech Chorus

Arranged by  
EMILY CROCKER

With Precision ( $\text{♩} = \text{ca. } 96$ )

Part I  
Part II

In-ter-y min-ter-y cut-er-y corn, Ap-ple seed and ap-ple thorn, Wire briar lim-ber-lock,  
In-ter-y min-ter-y cut-er-y corn, Ap-ple seed and ap-ple thorn, Wire briar lim-ber-lock,

Three geese in a flock, one flew east and one flew west and one flew o-ver the cuck-oo's nest.  
Three geese in a flock, one flew east and one flew west and one flew o-ver the cuck-oo's nest.

*mp* In-ter-y min-ter-y *f* in-ter-y min-ter-y cut-er-y corn, *p* ap-ple seed and ap-ple thorn ap-ple  
*mp* In-ter-y min-ter-y in-ter-y min-ter-y cut-er-y

*cresc.* thorn, wire, briar, lim-ber-lock, *f* three geese in a flock, one flew east, Whee!  
*f* *p* corn, ap-ple seed and ap-ple thorn *cresc.* ap-ple thorn, wire, briar, lim-ber-lock, three geese in a

*ff* One flew west, Whoa! One flew o-ver the cuck-oo's nest. One flew o-ver the cuck-oo's nest. O-U-T spells out!  
*f* flock, one flew east, Whee! *ff* One flew west, Whoa! One flew o-ver the cuck-oo's nest. O-U-T spells out!

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 32

- VOWELS:

Natural Minor Scale



- VOWELS - CONSONANTS:

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 38

• PART-SINGING - ROUNDS:

## 15. HEY HO, ANYBODY HOME?

Old English

Hey ho, an - y - bod - y home? Meat nor drink nor  
mon-ey have I none, Yet I will be mer - ry an - y - how. -

The musical notation is in G major (one sharp) and 2/4 time. It consists of two lines of music. The first line has two measures, with circled numbers 1 and 2 above the first and second measures respectively. The second line has three measures, with a circled number 3 above the first measure. The lyrics are written below the notes.

## 81. LO YISA GOI

Hebrew

Lo yi-sa goi el goi che - rev, lo yil-m' - du od mil - cha -  
ma, Lo yi - sa goi el goi che - rev, lo yil - m' -  
du od mil - cha - ma. Lo yi - sa goi el goi che - rev,  
lo yil - m' - du od mil - cha - ma, Lo yi - sa goi el  
goi che - rev, lo yil - m' - du od mil - cha - ma.

The musical notation is in G major (one sharp) and 2/4 time. It consists of five lines of music. The first line has a circled number 1 above the first measure. The second line has a circled number 2 above the first measure. The lyrics are written below the notes.

Translation: Nation will not lift up sword against nation, nor will they learn war any more.  
(Isaiah 2:4)

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 33

## The Kangaroo

Energetic!

For 2-Part Speech Chorus

Music by  
JOHN LEAVITT

*mf*  
A kan - ga - roo to my ink - um kid - dy kum  
*mf*  
sat on an oak, to my ink - um kid - dy kum

*p*  
ki - mo. (clap) Watch - ing a tail - or to my ink - um kid - dy kum  
*p*  
ki - mo. (clap) mend his coat to my ink - um kid - dy kum

*f*  
ki - mo. (clap) (clap) Ki - mi nee - ro kum ki - mi nee - ro  
*f*  
ki - mo. (clap) (clap) ki - mi - kid - dy keer - o, ki - mi

*mf*  
ki - mo. (clap)(clap) Ba ba ba ba ba ha ba ba ba ba ba ba  
*p* *mf*  
ki - mo. (clap)(clap) Ba ba ba ba ba ba ba ba ba ba ba ba

*p* *mp cresc.* *f*  
bil - ly - il - ly in - kum, in - kum kid - dy kum ki - mo. (clap) (clap)  
*mp cresc.* *f*  
bil - ly - il - ly in - kum, in - kum kid - dy kum ki - mo. (clap) (clap)

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 34

## The Jumbles

For 2-Part Speech Chorus

Words by  
EDWARD LEAR (1812-1888)

Music by  
JOHN LEAVITT

Energetic (♩ = ca. 78)

Part I

Part II

In a Sieve,\* In a Sieve they went to sea, They

In a Sieve,\* In a Sieve they went to sea, In a

went to sea in a Sieve, they did, In a Sieve they went to sea: In a

Sieve, in a sieve, in a sieve they went to sea: In

Sieve, in a Sieve, On a win - ter's morn, In a

spite of all their friends could say, ou a storm - y day, In a

Sieve they went to sea! And when the Sieve turned round and round, in a

Sieve they went to sea! In a Sieve, In a Sieve, And

\*Pronounced "sihv"



# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 34

Sieve, "You'll all be drowned!" They  
ev - 'ry - one cried, "You'll all be drowned!" In a

*mf*  
*cresc.* *f* *p*

called a - loud, "Our Sieve ain't big,  
Sieve, "Our Sieve ain't big, But we

*f* *f*

but - ton but - ton but - ton we don't care a fig!  
don't care a but - ton! Fig fig fig fig fig fig fig fig

*mp.* *f* *mp*

but - ton but - ton but - ton but - ton  
fig fig fig fig fig fig fig fig

*mf* *mf*

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 35

• VOWELS:

Aw eh ee oh oo. Aw eh ee oh oo.  
(May be sung slurred with any vowel.)

Aw eh ee oh oo. Aw eh ee oh oo.

Aw eh ee oh oo. Aw eh ee oh oo. ↑ ↓

• VOWELS - CONSONANTS:

**Swing**

Doo bah doo bop. Doo — bah doo bop. Doo —

— bah doo bop bop twee — dop. ↑

*fp*

# SOUTHERN REGIONAL CHORAL WARM-UPS

Carolyn S. Placa, Director

WEEK: 35

## Jeremiah Obadiah

For 2-Part Speech Chorus

Words: Anonymous

Music by  
JOHN LEAVITT

Energetic (♩ = ca. 120)

Part I

*p* Puff puff *mf* Je - re - mi - ah *p* puff puff puff *mf* When he gives his *p* puff

Part II

*p* Puff puff *mf* puff O - ba - di - ah *p* puff puff *mf* puff mes - sa - ges he

*mf* snuffs snuffs *f* snuffs school by day he roars roars *p half voice* bed at

*p* snuffs *mf* snuffs When he goes to *p* snuffs *f* roars roars *p half voice* When he goes to bed at

*inhale word* night he snores *inhale word* snores! *mf* When he goes to Christ-mas treat he

*inhale word* night he *inhale word* snores snores!

eats Je - re - mi - ah *p* puff *f* puff puff!

*f* plum - duff! *p* puff *mf* O - ba - di - ah *f* puff *p whisper* puff!\*

\*to the f consonant blowing through fermata